



BEET GELATIN SALAD

- 1 package lemon flavored gelatin
- 1 cup hot water
- 2 cups diced cooked beets
- 1 cup SOUR C
- 1 tablespoon lemon juice
- 1 teaspoon grated onion
- Salt and pepper

Dissolve gelatin in hot water; stir in beets. Add SOUR C and blend well; add remaining ingredients. Pour mixture into an oiled 1 quart mold or 6 individual molds. Chill until firm. Unmold on crisp salad greens and serve with mayonnaise. Serves 6.